



Capital District Podiatry, PLLC
Dr. Tejas Pandya

CapitalDistrictPodiatry.com

There is Fungus Among Us!

This time of year especially, fungus is everywhere! With the warm, wet weather, pool's that are opening, and gym memberships in full swing to get fit in time for summer, the risk of athlete's foot and toenail fungus is as high as the pollen count!

Follow these tips to stay fungi-free:



Keep feet clean and dry, and that goes for your footwear too!



Always wear shower shoes in gym locker rooms and showers, as well as pool decks and saunas



Apply anti-fungal spray or powder to your feet, as well as your footwear



Don't share towels, socks, shoes, or pedicure tools

CALL (518) 273-0053



REQUEST AN APPOINTMENT



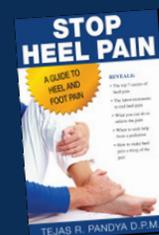
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763 Hoosick Rd.
Troy, NY 12180



855 Rt. 146, Suite 150
Clifton Park, NY 12065

FREE BOOKS



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ORDER NOW

How ClearANail Conquers Toenail Fungus

If the fungus does find you, don't worry, we can help! We can prescribe medication for athlete's foot, and our ClearANail treatment can get rid of fungal nails fast. Here's how it works:

- Microscopic holes are made in the nail—a procedure that is painless and doesn't harm any surrounding tissues.
- Medication is then applied, traveling through the tiny holes to the source of the fungus beneath the nail. This allows for a higher concentration of medication to reach the fungal infection, greatly increasing its ability to eliminate the problem.
- Voila! Bye bye fungi, hello clear healthy nails! It's that easy.

You do not have to resign to living with ugly nails from toenail fungus. We can provide expert care and treatment no matter how severe your problem, and restore your toenail health once and for all. Contact Dr. Tejas Pandya in Troy, NY, for treatment today by calling **(518) 273-0053**, or use our **appointment request option online**.

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HEEL PAIN



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